

# Team USA, Team Toyota's Jessica Long Wins 29th Paralympic Medal at Tokyo 2020

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**TOKYO (September 3, 2021)** – At 29 years old, Team Toyota athlete Jessica Long won her 29th Paralympic medal in Tokyo. Team Toyota's Long won a gold medal in the women's 100m butterfly S8 at the Paralympic Games Tokyo 2020 on Friday, September 3.

Long closed out her Tokyo 2020 competition by winning the women's 100m butterfly S8 with a time of 1:09.87. Long, the second-most decorated U.S. Paralympian in history, made her sixth podium appearance in Tokyo and third first-place finish at the Games for a total of three gold medals, two silver medals and one bronze medal at Tokyo 2020. The five-time Paralympian now has 29 career medals, including 16 golds, since competing in her first Paralympic Games at the age of 12.

"Day 10 is challenging," said Long. "I truly have always said the Paralympics are for those who are super-mentally tough, and that is what I tried to channel today because I was tired and hurting and sore, but I love swimming, and I love to race, and that is what I tried to do tonight."

For additional bio information and image assets on this Team Toyota athlete, click [here](#). For all news related to Tokyo 2020, including additional Team Toyota athletes who are competing, click [here](#).

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