

# **Team USA, Team Toyota's Jessica Long Wins 28th Paralympic Medal at Tokyo 2020**

September 02, 2021

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**TOKYO (September 2, 2021)** – At 29 years old, Team Toyota athlete Jessica Long won her 28th Paralympic medal in Tokyo. Team Toyota's Long won a gold medal in the women's 4x100m medley relay 34pts at the Paralympic Games Tokyo 2020 on Thursday, September 2.

Team Toyota's Long swam the third leg of the relay in 1:09.86. The team completed the 4x100m medley relay in a final time of 4:52.40, defeating the silver medal team by over three seconds. This podium appearance marks Long's fifth medal at Tokyo 2020 (two gold, two silver and one bronze). The five-time Paralympian now has 28 career medals, including 15 golds, since competing in her first Paralympic Games at the age of 12.

"We did everything in our power and control to be the best we could be, and the outcome speaks for itself," said Long. "There was this really powerful look between each of us, that we knew we could do it and we didn't even have to say anything. We just [gave] a look with each other and a nod. We know what we're capable of, and we proved it out in the pool today."

For additional bio information and image assets on this Team Toyota athlete, click [here](#). For all news related to Tokyo 2020, including additional Team Toyota athletes who are competing, click [here](#).

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