

# Team USA, Team Toyota's Jessica Long Wins 25th Paralympic Medal at Tokyo 2020

August 30, 2021



**TOKYO (August 30, 2021)** – At 29 years old, Team Toyota athlete Jessica Long won her 25<sup>th</sup> Paralympic medal in Tokyo, winning a gold medal in the women's 200m individual medley SM8 at the Paralympic Games Tokyo 2020 on Saturday, August 28.

Long, one of the most decorated Paralympians in the United States, won her fourth consecutive gold medal in this event with a time of 2:41.49. It marks her second medal at Tokyo 2020, and the five-time Paralympian now has 25 career medals, including 14 golds, since competing in her first Paralympic Games at the age of 12.

“I’m over the moon,” said Long. “I’m just so happy. To have a four-peat in the 200 IM, that’s what I’ve been dreaming of coming into these Games. I’m really proud of myself.”

For additional bio information and image assets on this Team Toyota athlete, click [here](#). For all news related to Tokyo 2020, including additional Team Toyota athletes who are competing, click [here](#).

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