

Team USA, Team Toyota's Caeleb Dressel Wins Fourth Olympic Gold Medal at Tokyo 2020

July 29, 2021



TOKYO (July 29, 2021) – On Thursday, July 29, 2021, Caeleb Dressel, at 24 years old, won his fourth Olympic gold medal in the men's 100m freestyle event at the Olympic Games Tokyo 2020. Dressel swam an Olympic record time of 47.02 seconds to earn his first career individual Olympic medal.

“It is different, and I know that,” Dressel said of the feeling of an individual medal versus a relay medal. “I didn't want to admit it, but now that I did it, I can admit it. It's a lot different, you can't rely on anyone else — it's just you and the water. There's no one there to bail you out; it's tough.”

A first-time captain for the U.S. in a senior-level international competition, Dressel has added to his incredible accolades by reaching the top step of the podium for the second time in Tokyo after also winning gold as a member of the U.S. men's 4x100m freestyle relay team on Monday, July 26. The two-time Olympian is a world-record holder in multiple events and a swimming sensation looking to bring home more hardware for Team USA.

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