

# Team Toyota Athletes Share Messages Made to Inspire

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*Need a little motivation these days? Check out these inspiring messages from Team Toyota Olympic and Paralympic athletes as well as a few tips for staying strong during this time.*

### **Jarryd Wallace**

Para Track & Field Paralympian and Team Toyota athlete [Jarryd Wallace](#) knows a thing or two about overcoming obstacles. To stay motivated, Wallace reminds himself that during times of challenge, he still has the opportunity to write his own story.

Here, the two-time Paralympian delivers a message of encouragement to those facing tough times.

### **Jerome Avery**

For Team Toyota athlete [Jerome Avery](#), inspiring others is one of the things he does best. A guide runner with U.S. Paralympics since 2004, Avery helps athletes like his current partner, Para Track & Field athlete David Brown, achieve their Paralympic dreams.

Here's the four-time Paralympian showing off a new look and sharing some well-wishes for his #TeamToyota family.