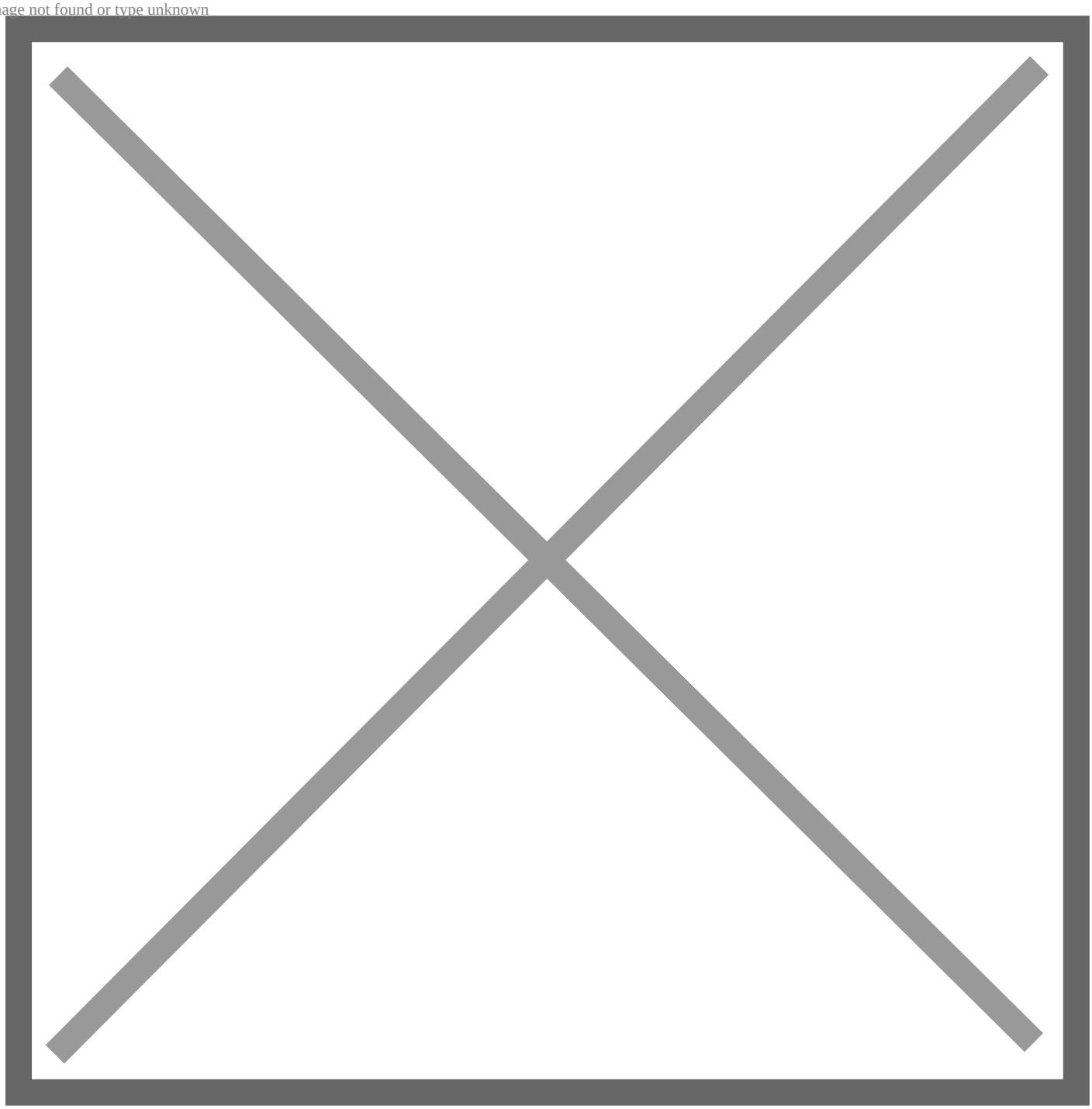
Too Afraid To Ask:
Unibody vs. Body-on-Frame

March 25, 2026

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On one side, you have a unibody vehicle. And then on the other side, you have a body-on-frame vehicle.

But what does that mean? Nobody knows.

Just kidding, lots of people know. But if you’re not a car person, you may have trouble keeping it straight.

So, in the first Too Afraid to Ask of 2026, Jess Buck with Toyota Motor North America Research & Development takes a break from her real job to give us a quick refresher on the subtle differences between unibody and body-on-frame vehicles. And in the process, she slaps a Tundra a few dozen times.

Watch the video below.